

South Jordan Senior Happenings

COVID-19 Edition Fall 2020 (September & October)

South Jordan Community Center Staff

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Senior Advisory Committee Chair

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City Council Liaison

Don Shelton

Welcome to South Jordan Senior Programs! This is our COVID-19 Fall Edition informational newsletter. We miss you all very much. Keep watching the news, once we are upgraded to "green" we then will open our doors and resume our regular schedule. Until then, please respect the hygiene guidelines recommended from the Salt Lake County Health Department.

LUNCH



Salt Lake County Aging and Adult Services is still providing lunches. Conveniently packaged and

delivered to the safety of your car, curbside. Please call 801-302-1222 and let us know you would like to sign-up. Pick-up is at the Community Center between the hours of 11:30 AM-12:30 PM Monday-Friday at the front doors. *As a precaution, please stay in your car.



See reverse side for more altered activities!

The **South Jordan Senior Advisory Committee** shall help promote the interests of senior citizens and their families:

- 1. By providing a creative and informational environment where seniors citizens can engage in social activities.
- 2. By sustaining and improving the quality of health, well-being and safety.
- By supporting the fulfillment of senior citizen needs in the community.

South Jordan Community Center

10778 S Redwood Road • South Jordan, Utah 84095 801-302-1222 ext. 1102 • www.sjc.utah.gov



Bun Bun's Corner



"Worry is like a rocking chair: It gives you something to do but never gets you anywhere" ~Erma Brombeck

BUSY BOX: Are you bored sitting at home? Have you run out of games to play and sick of the same puzzles? We have 5 different "Busy Boxes" full of different activities to stave off the boredom. You can *check out* a box and do the activities, then bring it back and get a new one!

Call 801-302-1222 to reserve your box and set up a time to pick it up.

BINGO

Receive a reusable, washable bingo card plus marker. We will post numbers coinciding with lunch (Monday-Friday 11:30 AM-12:30 PM). Details posted daily. All called numbers will be displayed every day so if you miss a day, you can still play! Mixed with other fun games. Prizes included.

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Drive-Up Senior Health and Wellness Fair Thursday, September 24; 8:30 AM-12:30 PM



Have you wondered what services for seniors are still operating through COVID-19? Come to the Community Center parking lot and drive through to get information from various vendors. Don't want to leave the house but still curious? We will have a list of services available on a flyer to hand out. Please call 801-302-1222 to request a flyer. Flyers will be available starting the day of the health fair.

Halloween Breakfast



Join us for our last *Darla's Diner* breakfast of the season with a fun Halloween Party!

Come dressed up and get a prize while ordering fun festive breakfast items.

Coming up this Winter



Watch out for some fun activities this winter including a Virtual Art Contest and Virtual Classes. We are working on being able to provide more altered activities that will not require you to leave the warmth of your own home. Open to suggestions! Email ideas to Jamie at jculbertson@sjc.utah.gov or call 801-302-1222.

Information in this newsletter is subject to change at any time